

UNIT 7 - REPORT

Vocabulary:

- Ways of spinning with the human body:
 - Roll, rotate, forward somersault, backwards somersault and cartwheel.
- 3 main axes in the human body:
 - Longitudinal or vertical axis, horizontal axis and front to back axis.
- Parts of the body: chin, back of the neck, chest, knees, arms, hands, etc.
- Spinning machines: the helix of a helicopter (propellers), the sails of a mill, the blades of a fan, a wheel, moving walkway and baggage carousel and spinning top.
- Sports:
 - Gymnastics, gymnast and acrobat.
- Other words: to feel dizzy, circus, to swing, crib, mime, to stretch, to bend, to bow, to clench, tree trunk, alternately and parallel.

Other relates vocabulary:

- Animals: beaver, turtles, armadillo, etc.
- Plants: Four o'clock flower.
- Planets and celestial bodies: planet, sun, satellite, moon, orbit and to revolve.

Health and hygiene:

- Preventing risks when spinning around the different body axes: basic safety recommendations.
- Somersaults: Keeping the back rounded in the forward somersault, put the chin tucked into the chest when rolling forward, keep the ear stuck on the shoulder when doing the backwards somersault, etc.
- Cartwheel: Do not bend your elbows (keep your arms stretched), land with your feet alternately, etc.

Grammar:

- Describing exercises: "The ... must ...", "The ... must not ...". Example: "*The legs must be stretched*", "*The head must not touch the floor*".
- Organizing ideas to explain a circuit: "First..., then.... Finally....".